

01/2026
APRIL 2026

SANA

SINGAPORE ANTI-NARCOTICS ASSOCIATION

QUARTERLY
NEWSLETTER

WHAT'S NEW

KEY HIGHLIGHTS

ISSUP ESTABLISHMENT

SANA was formally designated as the Host Organisation for ISSUP.

SANA NITE 2026

Yearly volunteer appreciation dinner back and held at HTNS Khatib!

SANA IFTAR 2026

Back for the second time and held at Step-Up @ Sengkang. We hosted our clients, family members, volunteers and community partners.

E-ESCAPE GAME

SANA spreads preventive drug education to youths through The Last Hour.



STRENGTHENING RECOVERY AND PREVENTION EFFORTS



SINGAPORE chapter



On 16 January 2026, the Singapore Anti-Narcotics Association (SANA) was formally designated as the Host Organisation for the Singapore Chapter of the International Society of Substance Use Professionals (ISSUP). This milestone marks an important step in strengthening the professional network supporting drug prevention, treatment and recovery in Singapore. By bringing together social service professionals, policy advocates, researchers, clinicians and grassroots practitioners, the Chapter provides a platform for knowledge sharing, capacity building and collaboration across the sector.

Guided by a multi-sectoral Steering Committee, ISSUP Singapore seeks to cultivate a cohesive and skilled professional ecosystem through accessible membership pathways for both individuals and organisations. Individuals can join the global ISSUP network at no cost, gaining access to internationally recognised training curricula and opportunities to participate in local Special Interest Groups. Organisations can also engage through a four-tier partnership framework—Resilience Partners, Advocacy Pillars, Thought Leadership Circle and Impact Sustainers—bringing together stakeholders from community initiatives, academia and the corporate sector.

Anchored at the SANA Step-Up Centre, the Chapter is working towards its official launch in May 2027, which will also mark SANA's 55th Anniversary. In the lead-up, organisations that join by 30 June 2026 will be recognised as Founding Members and receive exclusive benefits, including enhanced visibility and a commemorative digital badge. Individuals are encouraged to register via the ISSUP platform, while organisations can join this pioneering movement [here](#)!

SANA NITE 2026:

A NIGHT OF HOPE, STRENGTH AND SECOND CHANCES

Celebrating the people behind the mission is an important part of SANA's journey. SANA Nite 2026 brought together volunteers, partners and donors for an evening of celebration, reflection and unity. Inspired by 'The Greatest Showman' movie, the event served as a vibrant reminder that every recovery journey is powerful, courageous and worthy of recognition. The evening was graced by A/P Muhammad Faishal Ibrahim, Acting Minister-in-charge of Muslim Affairs and Senior Minister of State for Home Affairs.

A highlight of the evening was the recognition of 62 award recipients, comprising outgoing Board members, valued donors, dedicated partners and Secondary School Uniformed Group students who achieved the Gold A.C.T (Advocating Change Together) Badge in their advocacy against drugs.



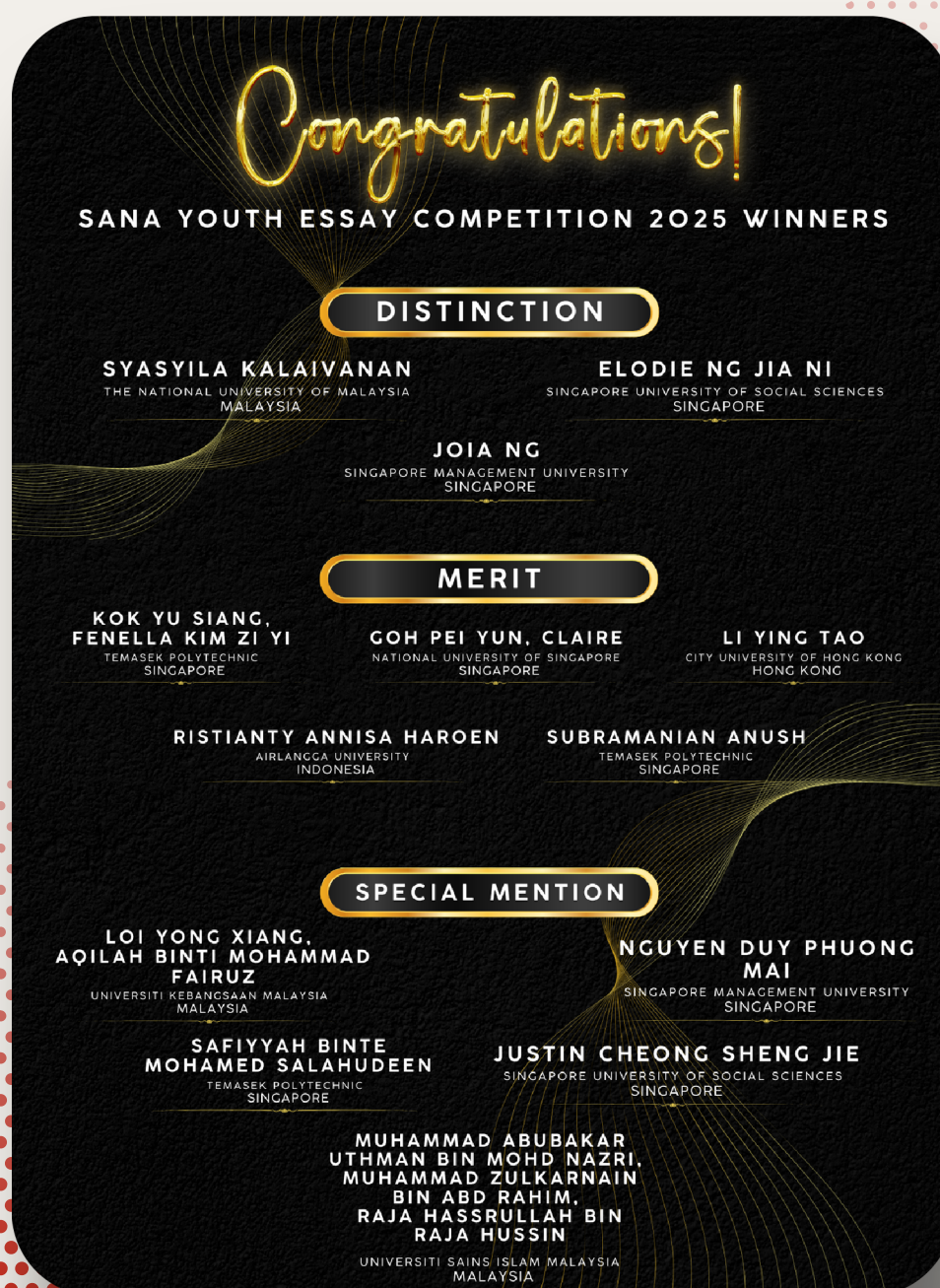
SANA Nite reaffirmed the strength of the SANA community. It highlighted the collective commitment to supporting individuals and families affected by drug abuse, and reinforced a shared belief that recovery is not a journey taken alone. Together, we continue to inspire hope, resilience and transformation in the lives of many.

EMPOWERING YOUTH VOICES IN PREVENTION

Investing in youth perspectives is vital in shaping future drug prevention efforts. SANA organised the SANA Youth Essay Competition 2025 (SYEC 2025) to engage bright young minds across the Asia-Pacific region in addressing critical issues surrounding the harms of drugs and its prevention.

Supported by the Asia-Pacific Confederation against Drugs (APCD), the competition adopted the theme “Our Generation, Drug-Free – Voices for Prevention” and attracted 63 entries from undergraduate and postgraduate students across six countries: Singapore, Malaysia, Indonesia, Hong Kong Special Administrative Region (SAR), the Philippines and Vietnam.

The judging process was rigorous and conducted in multiple stages, with careful evaluation by a panel of experts from Singapore, Hong Kong SAR and the Philippines. The results are published on SANA’s website and as per poster below. The three distinction recipients will also present their essays at two APCD regional webinars in April and May 2026, providing a platform for youth voices to contribute to the regional conversation on substance use disorder prevention (refer to page 8).



CLUSTER C VOLUNTEER ENGAGEMENT & APPRECIATION LUNCHEON



Strong partnerships play a key role in supporting the reintegration of incarcerated individuals. On 28 February 2026, SANA Hindu Religious Group of Volunteers (RGV) attended the Volunteer Engagement & Appreciation Luncheon organised by Cluster C, Singapore Prison Service (SPS).

The event brought together volunteers from various organisations who dedicate their time and expertise to supporting inmates and their reintegration into society. Attendees participated in breakout discussions exploring ways to strengthen partnerships and deepen the impact of rehabilitation efforts.

The event concluded with SANA Hindu RGV receiving a meaningful token of appreciation—a painting created by inmates from Cluster C. We extend our heartfelt gratitude to our volunteers and counsellors who continue to serve faithfully, supporting rehabilitation through religious counselling and guidance.

March

BREAKING FAST (IFTAR) TOGETHER A NIGHT OF COMMUNITY & REFLECTION

On 5 March 2026, SANA hosted an Iftar session at Step-Up Centre @ Sengkang, bringing together 86 participants comprising persons-in-recovery, family members, volunteers, donors and community partners, including Mr Sharael Taha, Member of Parliament for Pasir Ris–Changi Group Representation Constituency (GRC).

Ramadan is a time of reflection, healing and renewal. The Iftar gathering provided an opportunity for members of the SANA community to come together in a spirit of gratitude and unity while strengthening bonds within the recovery community.



This year's gathering was particularly meaningful as it welcomed participants to reflect on SANA's commitment to inclusivity and shared support in the journey of recovery. We extend our sincere appreciation to Mdm Haminah Bakar, Mdm Hajjah Roziah Adon from Nur Indah Kitchen and Ba'alwie Mosque for their generous donations, and to our SANA Peer Leaders who led the prayer call and night prayers.



COMMISSION ON NARCOTIC DRUGS (CND) 2026

In March 2026, SANA participated in several side events at the 69th Session of the Commission on Narcotic Drugs (CND), sharing Singapore's perspectives on prevention, early intervention and recovery. Due to the crisis in the Middle East, SANA was only able to participate in the side events virtually.



On 10 March, SANA's Corporate and Social Media Executive, Ms Qistina Shaffian, presented on the role of digital media in drug prevention advocacy. Referencing the latest Central Narcotics Bureau Drug Situation report 2025, she highlighted emerging local drug trends and emphasised the importance of preventive education and community engagement. She also showcased how SANA leverages digital platforms to debunk myths and reduce stigma surrounding drug addiction.

On 11 March, SANA's Community Engagement Manager, Mr H Thenesh spoke about strengthening support for at-risk children, particularly those affected by family stress, peer influence and the incarceration of loved ones. These vulnerabilities often emerge between the ages of 11 and 14, underscoring the importance of early intervention through family-focused initiatives such as the Yellow Ribbon Community Project (YRCP).



In a separate session, Mr Brian Tan, a Case Manager at SANA's Step-Up Centre, shared SANA's "Beyond Stabilisation: Cultivating Mental Wellness for Lasting Recovery" framework. His presentation emphasised the need for holistic approaches that address deeper challenges such as stigma, identity struggles and social triggers. Through programmes like S.A.M. (Sports, Arts, Music), psychotherapy and family initiatives such as SANAbration, individuals are supported in rebuilding their lives and contributing positively to the community.

WELCOMING NEW VOLUNTEERS



Volunteers remain at the heart of SANA's community efforts. In February and March 2026, SANA conducted onboarding sessions to welcome new volunteers to the Yellow Ribbon Community Project (YRCP).

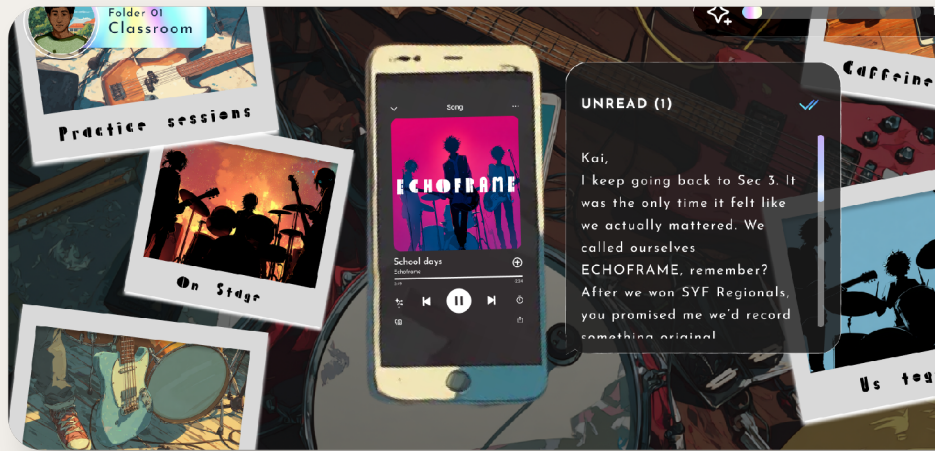
Across the two sessions, close to 40 volunteers participated, demonstrating strong community interest in supporting families affected by incarceration. Volunteers were introduced to the objectives of YRCP and guided on how to engage families with empathy while building trust and rapport.

To make participation more accessible, the March session was held at Frontier Community Club in the western region. The session was graced by Mr Patrick Tay, Adviser to Pioneer Division, who expressed his appreciation for volunteers contributing their time and effort to support families and strengthen community resilience.



What's new?

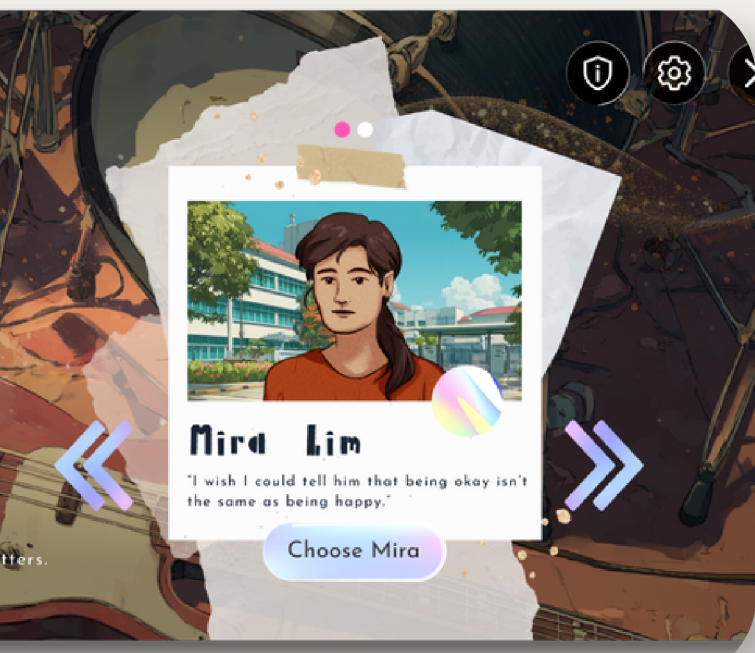
THE LAST HOUR: ENGAGING YOUTH THROUGH INTERACTIVE LEARNING



As prevention efforts evolve, it is increasingly important to engage youths through platforms that resonate with them. Recognising that Generation Z are digital natives, SANA has developed an interactive e-escape game entitled “The Last Hour”.

The game presents players with real-life scenarios related to drugs and vaping, encouraging participants to think critically about choices and consequences. Through immersive gameplay and scenario-based challenges, youths move beyond passive awareness to active learning and reflection.

By combining technology with preventive education, the game aims to strengthen decision-making skills and empower youths to make informed and healthy choices. The Last Hour will be officially launched online during the Drug Victims Remembrance Day on 15 May 2026.



What's next?

APCD WEBINARS

The Asia-Pacific Confederation against Drugs (APCD) will be organising two webinars on 23 April 2026 and 28 May 2026. Supported by the Vienna NGO Committee on Drugs (VNGOC) and World Federation Against Drugs (WFAD), the webinars will focus on addressing the scourge of drug use among youths, from prevention strategies to engaging the community in the rehabilitation and reintegration of youths recovering from drug addiction. More details can be found in the posters below. Click on poster to join the webinars!

ORGANISED BY:



SUPPORTED BY:



YOUTH AND DRUGS
PREVENTION - WHAT REALLY WORKS?

Thursday
23 April 2026

ONLINE WEBINAR:



03.00 PM
Singapore Time

Forhad Hossain
Founder & Executive Director,
LEEDO, Bangladesh

Cindy Biding
President, CAPTAR,
Malaysia

Moderators:

Matej Košir
Director, Institute for Research and
Development (IURD), Slovenia and
Chairman, Vienna NGO Committee on
Drugs (VNGOC)

Kok Weng Chew
Chairperson, APCD,
Executive Director, SANA, Singapore

Iqbal Masud
Director of Health & WASH,
DAM, Bangladesh

Cristina von Sperling Afridi
Founder & Chairperson,
KAWAF, Pakistan

**Youth & Drugs:
Recovery and Community Action**

Manish Kumar
Team Lead, SPYM,
India

Tony Leung
Regional Service
Administrator (East
Kowloon), SARDA,
Hong Kong SAR

Saleemah Ismail
CEO, NLS, Singapore

Sonam Tshering
Founder & Project
Director, JURWA,
Bhutan

Thursday
28 May 2026

ONLINE WEBINAR:



03.00 PM
Singapore Time

Moderator:
Diana Vincent
Deputy Board Member
representing Asia, WFAD,
Director, FWF, India

Moderator:
Dr Raquel Tolentino
Vice Chairperson, APCD,
Founder & CEO, AADAC,
Philippines

ORGANISED BY:



SUPPORTED BY:



What's next?

SANA CHARITY GOLF & DINNER 2026

A promotional poster for the SANA Charity Golf & Dinner 2026. The background is a warm orange-yellow gradient with a large, textured golf ball in the center. At the top, the SANA logo (Singapore Anti-Narcotics Association) is in a black box. The title 'CHARITY Golf & DINNER' is prominently displayed, with 'Golf' in a red script font and 'CHARITY' and 'DINNER' in white sans-serif. A white silhouette of a golfer is positioned to the right of the title. Below the title, a white box contains the date '8 MAY 2026' and the venue 'ORCHID COUNTRY CLUB'. Further down, another white box provides details about the event, including a call to action and two ticket options: 'Gold Flight \$4000' and 'Platinum Flight \$5000'. At the bottom, a dark green banner contains contact information for Adelynn Liew, including a phone number and an email address, each preceded by a small icon.

SANA
SINGAPORE ANTI-NARCOTICS ASSOCIATION

CHARITY
Golf & DINNER

8 MAY 2026
ORCHID COUNTRY CLUB

Join us at the annual **SANA Charity Golf 2026!**
Support a meaningful cause while enjoying a day on the green.

Gold Flight \$4000
Platinum Flight \$5000

For more information, contact **Adelynn Liew** at:
📞 9177 3766 ✉️ adelynn@sana.org.sg

SANA will be hosting the SANA Charity Golf & Dinner 2026, a signature fundraising event that brings together business leaders, community partners and advocates in support of a shared mission—a drug-free Singapore. The Guest-of-Honour is Ms Sim Ann, Senior Minister of State, Ministry of Foreign Affairs & Ministry of Home Affairs.

The event reflects the collective commitment of the community in standing against drug abuse while supporting individuals and families affected by it. Funds raised will go towards sustaining SANA's core programmes, including preventive drug education for youths, rehabilitation and recovery support for individuals, and assistance for families navigating the challenges of addiction.

We warmly invite our partners and supporters to join us in this meaningful event as we continue to work together to build a safer, healthier and drug-free community.