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JULY 2026

SANA

SINGAPORE ANTI-NARCOTICS ASSOCIATION

QUARTERLY
NEWSLETTER

WHAT'S NEW

KEY HIGHLIGHTS

SANA HOSTS YOUTH WEBINARS

Collaborating across Asia-Pacific to build drug-free communities.

SANA CHARITY GOLF 2026

SANA united corporate partners and donors in support of a drug-free Singapore.

SANA'S PARTNERSHIP WITH UNIQLO

SANA partnered with UNIQLO on the Neighbours Helping Neighbours (NHN) Redistribution Centre.

SANA GALA DINNER 2026

SANA will host its Charity Gala Dinner 2026 in support of a drug-free Singapore.



REIMAGINING PREVENTION:

EMPOWERING YOUTH THROUGH MEANINGFUL ENGAGEMENT

On 8 April 2026, SANA participated in the International Society of Substance Use Professionals (ISSUP) webinar, Reimagining Prevention: What Actually Works for Youth and Families Today. The session brought together prevention practitioners from around the world to discuss evidence-based approaches that strengthen protective factors among youths and families, moving beyond traditional awareness campaigns and fear-based messaging.

Representing SANA, Mr Hari Haran shared insights on the evolving landscape of youth prevention, emphasising the importance of shifting from youth-focused to youth-led initiatives. He highlighted the need to empower young people to take ownership of prevention efforts while recognising the growing influence of the digital environment in their lives.

SANA also showcased its Youth Prevention Badge Scheme, which equips youths with prevention knowledge as well as leadership and advocacy skills. The webinar provided a valuable platform for knowledge exchange and reinforced the importance of youth-centred prevention in building resilient communities.

SANAtyCHECK PODCAST:

DISCUSSIONS ON ADDICTION, RECOVERY, AND MENTAL HEALTH AMONGST YOUTHS



Dr Syed Harun discussed the challenges facing young people today, including mental health, peer influence, social pressures, and substance abuse. He highlighted how social media can normalise drug use, while academic pressures and constant digital exposure may increase vulnerability. The discussion emphasised the importance of early intervention, strong support systems, and open communication, reinforcing the collective role of families, schools, and the community in preventing drug abuse and supporting recovery.

[Watch Part 1 of the podcast here!](#)

Reimagining Prevention: What Really Works for Youth- From Evidence to Practice to Systems

Dr. Jose Luis Benitez
Director of Health Sciences (Epidemiology), Head of International Relations, CIJ-ISSUP Mexico Member, National System of Researchers (Mexico)

Mr. Hariharan Mohan
Preventive Drug Education Specialist, Evidence-Based Youth Prevention Programmes

Ms. Wendy Gaya Walthaka
Senior County Coordinator, NACADA (Kenya), International Certified Addiction Professional (ICAP - Prevention)

Prof. Dr. Suzaili Wahab
Moderator
Senior Consultant Psychiatrist, Hospital Canselor, Tunku Muhriz, University Kebangsaan, Malaysia

Wednesday, 8th April 2026 **8:00 PM Malaysia | 1:00 PM London**

<https://attendee.gotowebinar.com/register/2606641257493226840>

On 16 April 2026, SANA hosted a special recording of the SANAtyCheck podcast featuring Senior Parliamentary Secretary for the Ministry of Education and Ministry of National Development, Dr Syed Harun Alhabsyi. Hosted by influencer, Mr Fauzi Azzhar and SANA Board Member, Mr Adrian Ang, the episode explored issues surrounding youth, mental health and drug abuse.



SANA WELCOMES NEW LIFE STORIES FOR A LEARNING EXCHANGE

On 22 April 2026, SANA's Step-Up Centre @ Sengkang welcomed close to 30 leaders and staff from New Life Stories (NLS) for a learning exchange. The visit provided an opportunity to share insights on community collaboration and supporting the reintegration of persons-in-recovery and their families.



Participants toured the Step-Up Centre and learnt about SANA's advocacy efforts and programmes. Interactive activities, including the Wheel of Life exercise and a wooden block balancing challenge reinforced the importance of maintaining balance across different aspects of life.

The visit concluded with a dialogue on aftercare practices, where both organisations exchanged experiences, challenges and best practices in client support and referrals. The learning exchange strengthened partnerships and reaffirmed a shared commitment to supporting recovery and reintegration.

STRENGTHENING VOLUNTEER IMPACT THROUGH YELLOW RIBBON COMMUNITY PROJECT (YRCP) DIALOGUE 2026

In April and May 2026, SANA's Community Engagement Department conducted the annual YRCP Dialogue across three sessions, bringing together more than 120 volunteers. The sessions provided a platform for volunteers to share experiences, strengthen peer networks, and deepen their understanding on providing needed support for families affected by incarceration.

Volunteers were reminded of the IMPACT Framework and updated on YRCP's 2025 outcomes, including a nearly 60% increase in opt-in cases islandwide. They also previewed the upcoming YRCP Portal, which is expected to streamline case management, strengthen communication, and enhance volunteer engagement. Feedback gathered during the sessions will support the portal's continued development ahead of its planned launch in September 2026.

The Dialogue also introduced an expanded network of community partners, including KidSTART and YR Cares, to strengthen referral pathways for families with complex needs. The launch of Informal Coffee Chats concluded the sessions, providing volunteers with additional opportunities to share feedback and connect with SANA.



REGIONAL VOICES, SHARED PURPOSE:

SANA HOSTS YOUTH WEBINARS

In collaboration with members of the Asia-Pacific Confederation Against Drugs (APCD), and with the support of the Vienna NGO Committee (VNGOC) and the World Federation Against Drugs (WFAD), SANA organised two regional webinars on 23 April and 28 May 2026. The sessions brought together more than 60 participants from across the Asia-Pacific region to exchange perspectives on youth drug prevention and recovery.

The first webinar, *Youth & Drugs: Prevention – What Really Works?*, featured NGO representatives from Dhaka Ahsania Mission (DAM) and the Local Education and Economic Development Organisation (LEEDO) from Bangladesh, the Karim Khan Afridi Welfare Foundation (KKAFF) from Pakistan, and the Organisation for Addiction Prevention, Treatment and Recovery (OAPTAR) from Malaysia. They were joined by winners of the SANA Youth Essay Competition (SYEC) from Singapore Management University and the National University of Malaysia, who shared practical approaches and youth perspectives on preventing substance abuse.

The second webinar, *Youth & Drugs: Recovery and Community Action*, brought together representatives from the Society for the Promotion of Youth and Masses (SPYM) from India, The Society for the Aid and Rehabilitation of Drug Abusers (SARDA) from Hong Kong SAR, New Life Stories (NLS) from Singapore and JURWA Drugs & Alcohol After-Care Center from Bhutan. A SYEC Distinction Award winner from the Singapore University of Social Sciences also shared her essay on the dangers of drug misinformation online. Through these regional exchanges, participants strengthened partnerships, shared best practices, and reaffirmed our collective commitment to building drug-free communities.

ORGANISED BY: A2D

SUPPORTED BY: APCD, VNGOC, WFAD, SANA

YOUTH AND DRUGS
PREVENTION - WHAT REALLY WORKS?

Thursday 23 April 2026 ONLINE WEBINAR 03.00 PM Singapore Time

MODERATORS:

- Forhad Hossein, Founder & Executive Director, LEEDO, Bangladesh
- Cindy Biding, President, OAPTAR, Malaysia
- Matej Košir, Deputy Secretary General and Chairperson, VNGOC, Vienna
- Kok Weng Chew, President, APCD, Executive Director, SANA, Singapore

Speakers:

- Iqbal Masud, Director of Health & WASH, DAM, Bangladesh
- Cristina von Sperling Afridi, Founder & Chairperson, KKAFF, Pakistan

Youth & Drugs: Recovery and Community Action

Thursday 28 May 2026 ONLINE WEBINAR 03.00 PM Singapore Time

MODERATOR:

- Diana Vincent, Deputy Board Member, representing Asia, WFAD, Director FNU, India
- Dr Raquel Tolentino, Vice Chairperson, APCD, Founder & CEO, A2D, Philippines

Speakers:

- Manish Kumar, Team Lead, SPYM, India
- Tony Leung, Regional Service Administrator (East), Kowloon SARDA, Hong Kong SAR
- Saleemah Ismail, CEO, NLS, Singapore
- Sonam Tshering, Founder & Project Director, JURWA, Bhutan

ORGANISED BY: A2D

SUPPORTED BY: SPYM, SARDA, NLS, JURWA, SANA

CELEBRATING TAMIL NEW YEAR WITH SANA'S HINDU RELIGIOUS GROUP VOLUNTEERS (RGV)



On 24 April 2026, SANA's RGV came together for a dinner in celebration of the Tamil New Year, marking a time of renewal, reflection and new beginnings.

The gathering provided an opportunity for volunteers to reconnect, welcome new members, and strengthen relationships through their shared commitment to supporting rehabilitation and reintegration. It also served as a platform to discuss upcoming initiatives while enabling SANA to express our appreciation for the volunteers' continued dedication and service.

SANA HIGHLIGHTS RECOVERY PROGRAMMES TO BRUNEI DELEGATION

In late April 2026, SANA welcomed a delegation from the Brunei Narcotics Control Bureau (NCB), led by Dato Paduka Haji Mohd Zalani bin Haji Ismail, as part of a visit organised by Singapore's Central Narcotics Bureau (CNB).



We shared an overview of the organisation's prevention, rehabilitation and reintegration programmes, highlighting SANA's community-based approach to supporting beneficiaries throughout their recovery journey.

The visit also provided an opportunity to exchange insights on emerging challenges, share best practices and explore opportunities for future collaboration between Singapore and Brunei.

May

SANA SHOWCASES COMMUNITY REINTEGRATION EFFORTS AT CARE NETWORK CONNECT 2026

On 5 May 2026, SANA participated in CARE Network Connect 2026 themed Meaningful Integration for Ex-Offenders in the Community: Employment, Lifelong Learning and Volunteering. The event brought together community partners to exchange ideas and strengthen collaboration in supporting rehabilitation and reintegration.

SANA hosted an exhibition booth showcasing our Step-Up services and the "R-Steps Framework", while Head of Step-Up, Mr Rafiz Hapipi, shared how the organisation supports persons-in-recovery through community-based programmes.

The event also featured performances by two SANA Peer Leaders from the Sounds of SANA (SOS) band, whose stories and talents demonstrated the positive impact of rehabilitation, resilience and community support.



MAKING EVERY SWING COUNT: SANA CHARITY GOLF & DINNER 2026



On 8 May 2026, SANA held its Charity Golf & Dinner at Orchid Country Club, bringing together corporate partners, donors and supporters in support of a shared commitment to building a drug-free Singapore. SANA was honoured to welcome Ms Sim Ann, Senior Minister of State for the Ministry of Foreign Affairs and Ministry of Home Affairs, as Guest-of-Honour.

In her address, Ms Sim Ann commended SANA's continued efforts in supporting individuals through prevention, rehabilitation and reintegration, and encouraged the community to continue partnering with SANA in creating a safer, drug-free society.

The evening featured a moving performance by Sounds of SANA (SOS) band and an inspiring recovery sharing by SANA Peer Leader and Ambassador, Mr Simon Khung. The event concluded on a celebratory note when a lucky golfer won a sponsored Seres 3 car after achieving a hole-in-one, capping off a successful fundraiser that reflected the community's strong support for SANA's mission.



SANA is grateful to all our donors, sponsors and supporters for making this year's Charity Golf & Dinner a huge success.



STEPPING IN, STEPPING UP: CELEBRATING 10 YEARS OF RECOVERY AND NEW BEGINNINGS

On 14 May 2026, SANA Step-Up Centre welcomed more than 70 persons-in-recovery, family members, volunteers and community partners to the Step-In-To-Step-Up Fest, celebrating a decade of supporting recovery, reintegration and community connection.

A key highlight was the launch of SANA's partnership with UNIQLO on the Neighbours Helping Neighbours (NHN) Redistribution Centre. Through donations of pre-loved clothes, the initiative provides practical support to beneficiaries while promoting dignity, confidence and belonging.

The festival also showcased the expansion of SANA's Sports, Arts and Music (S.A.M.) programmes, including the return of Art & Craft Jamming, the launch of the Art Stock Corner, and the relaunch of Futsal Fridays in collaboration with HCSA Community Services. Together, these initiatives provide meaningful opportunities for personal growth, creativity, healthy living and positive social connections, made possible through the continued support of SANA's donors, volunteers and community partners.



JUNE

STRENGTHENING REGIONAL COLLABORATION: ASIA-PACIFIC CONFEDERATION AGAINST DRUGS (APCD) EXCO RETREAT

From 3 to 4 June 2026, SANA attended the Asia-Pacific Confederation against Drugs (APCD) Executive Committee (EXCO) Retreat in Taytay, Philippines. Hosted by the Association of Anti-Drug Abuse Coalitions (AADAC) of the Philippines, the retreat brought together EXCO members for strategic planning and knowledge exchange.

Members reviewed APCD's progress since its launch in 2025, conducted a SWOT (Strengths, Weaknesses, Opportunities and Threats) analysis, and developed priorities to guide the coalition's future direction. The retreat also provided an opportunity to strengthen collaboration among member organisations.





During the visit, the APCD EXCO participated in the 3rd Angono Municipal Youth Summit Against Drugs, where SANA shared Singapore's youth drug situation and prevention efforts. The retreat reaffirmed members' shared commitment to regional collaboration in building safer, drug-free communities.

SANAbration 2026:

A CELEBRATION OF FAMILY AND CONNECTION

On 14 June 2026, SANA organised SANAbration at Gardens by the Bay, bringing together 63 clients and their families for a day of meaningful engagement. Recognising the vital role of family support in recovery, the event aimed to strengthen relationships and create positive shared experiences.

This year's Amazing Race-themed programme saw participants complete interactive challenges using a mobile application, encouraging teamwork, communication and problem-solving while creating lasting family memories.

SANA staff also participated as group leaders, providing opportunities to build rapport and observe participants' strengths and support systems. SANAbration 2026 reaffirmed the importance of family, community and meaningful connections in sustaining recovery.

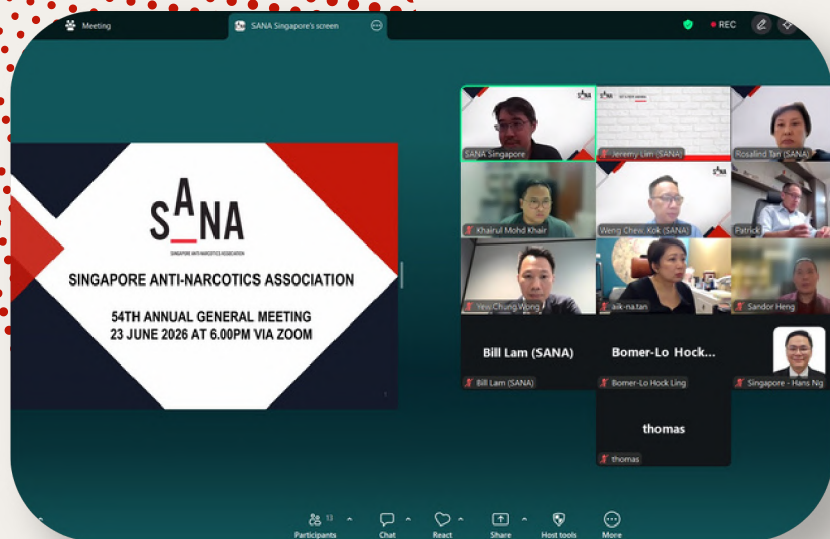


REFLECTING ON PROGRESS, LOOKING AHEAD:

SANA'S 54TH ANNUAL GENERAL MEETING (AGM)

SANA successfully concluded its 54th AGM on 23 June 2026. Held online, the meeting saw a strong turnout of members, with key resolutions passed, including the adoption of SANA's Annual Report and Audited Financial Statements for the financial year ended 31 December 2025, and the re-appointment of Lo Hock Ling & Co. as the association's Public Accountant for 2026–2027.

During the meeting, Chairperson Mr Patrick Kho highlighted SANA's key achievements, including the expansion of youth outreach through the integrated SANA ACT ecosystem, the implementation of evidence-informed clinical frameworks, and the soft launch of the YRCP Portal. He also reaffirmed SANA's commitment to digital transformation through the upcoming Client Relationship Management System (CRMS), a data-informed Collective Impact approach to community partnerships, and stronger regional collaboration through the Asia-Pacific Confederation against Drugs (APCD).



As SANA looks ahead, we extend our sincere appreciation to our members, partners, donors, volunteers and stakeholders for their continued support. Together, we remain committed to strengthening communities, advancing prevention efforts, and empowering individuals and families towards lasting recovery and a drug-free Singapore.

LEARNING BEYOND BORDERS: SANA'S KNOWLEDGE EXCHANGE IN INDIA

As part of SANA's ongoing commitment to strengthen prevention and rehabilitation efforts, staff members Mr Leon Tan and Mr Hari Haran visited Kochi, India, for a learning exchange hosted by the Fourth Wave Foundation under its Project VENDA initiative. The visit showcased Kerala's community-led approach to prevention, which promotes positive youth development through family engagement, school partnerships, and active community participation.



Highlights included the Venda Cup community football programme and the Student Empowerment Programme, both of which equip young people with the skills, confidence and opportunities to make healthy, drug-free choices.

The learning visit reinforced the value of a whole-of-community approach, where families, schools, sports and community partners work together to build resilience before substance use becomes a concern. SANA extends its sincere appreciation to the Fourth Wave Foundation for its warm hospitality and generous sharing of insights and best practices. As SANA continues to learn, innovate and collaborate with like-minded organisations, these shared experiences will strengthen our collective efforts towards building healthier, safer and drug-free communities.

WRITING FOR RECOVERY: PEER LEADER LETTER-WRITING WORKSHOP



On 27 June 2026, SANA conducted a letter-writing workshop led by SANA Peer Leader, Mr Zambri, providing participants with a creative outlet to regulate emotions and explore writing as a tool for healing and recovery. Drawing from his own recovery journey, Mr Zambri shared how writing has helped him process emotions and support his recovery, encouraging participants to reflect on their own experiences through guided writing activities.

The workshop highlighted the value of peer-led initiatives in supporting recovery through shared experiences and practical coping strategies. Participants shared that the session had rekindled their interest in writing as a meaningful form of self-expression, and SANA looks forward to more Peer Leader-led initiatives that continue to inspire, empower and strengthen the recovery community.



What's next?

DENIM & DIAMONDS: SANA CHARITY GALA DINNER 2026

SANA will be hosting its Charity Gala Dinner 2026, bringing together corporate partners, community leaders and supporters in support of a shared mission—a drug-free Singapore. This year's theme, Denim & Diamonds, celebrates resilience, courage and transformation, while the Guest-of-Honour is Mr Edwin Tong SC, Minister for Law and Second Minister for Home Affairs.

The event raises funds to support SANA's preventive drug education, rehabilitation, reintegration and family support programmes. We warmly invite our partners and supporters to be part of this meaningful cause, with Silver (\$5,000), Gold (\$8,000) and Platinum (\$10,000) tables now available. Together, we can empower lives, strengthen families and build a safer, healthier and drug-free Singapore.

