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SANA
SINGAPORE ANTI-NARCOTICS ASSOCIATION

QUARTERLY
NEWSLETTER

WHAT'S NEW

KEY HIGHLIGHTS

CADCA 2026
SANA continues its international learning journey in Orlando Florida, United States.

SPS VOLUNTEER AWARDS
SANA received the Journey Shield Token, recognising ongoing partnership with SPS.

PICKLE & BONES
Sports, Arts & Music and meaningful connections at The Great Hall, Millenia Walk.

SANA ACTivate
SANA spreads preventive drug education to youths through The Last Hour.







PREVENTIVE DRUG EDUCATION BEYOND BORDERS

From 10 to 12 July 2026, SANA hosted the Southeast Asia Scout Association for Regional Cooperation (SEASARC) Anti-Drug and Anti-Substance Abuse (ADASA) Badge Scheme Train-the-Trainer Workshop, in collaboration with the Singapore Scout Association and the Ministry of Home Affairs (MHA).



This first-of-its-kind collaboration brought together Scout Leaders from across the region and marked a meaningful milestone in SANA's efforts to share our preventive drug education experience beyond Singapore.

Over three days, Scout Leaders from nine ASEAN countries — Brunei, Cambodia, Indonesia, Malaysia, Myanmar, the Philippines, Thailand, Singapore and Vietnam — came together to learn, exchange ideas and explore practical ways to strengthen drug prevention among young people. The workshop covered SANA's tiered Badge Scheme, psychoeducation, the regional drug landscape, youth facilitation, digital interventions, drug prevention approaches and media creation, giving participants both knowledge and practical tools to bring back to their communities.

A key part of the workshop was exploring how SANA's ACT Badge Model and Preventive Drug Education (PDE) programmes could be adapted to suit the different cultures, communities and needs across the region. Through discussions and brainstorming sessions, the Scout Leaders shared ideas on how the ADASA Badge Scheme could be contextualised while retaining its focus on awareness and advocacy. The workshop concluded with a shared commitment to bring these learnings back to their respective countries and strengthen preventive drug education within their scouting communities.

FROM GLOBAL INSIGHTS TO LOCAL IMPACT



SANA continued its regional learning journey at the 25th Community Anti-Drug Coalitions of America (CADCA) Mid-Year Training Institute, held from 13 to 16 July 2026 in Orlando Florida, United States. The four-day conference brought together coalition leaders, prevention professionals and community practitioners from around the world, providing an opportunity for SANA to exchange ideas and learn from others working to strengthen community-based prevention.

One key takeaway was that meaningful and lasting change cannot be achieved through individual programmes alone. Strong and sustainable communities are built through trust, shared ownership and collaboration across different sectors. Sessions highlighted the importance of bringing communities together, strengthening partnerships and using evidence-informed approaches to address social issues at their roots.

SANA also had the opportunity to exchange perspectives with organisations including CADCA and Planet Youth, while exploring potential areas for future collaboration in community-based and upstream prevention. The experience reinforced SANA's commitment to empowering communities, building sustainable partnerships and keeping our prevention efforts responsive to evolving needs as we continue our work in drug prevention, rehabilitation and community engagement.



BRINGING OUR VOLUNTEERS TOGETHER THROUGH THE LOVE OF DURIANS



On 23 July, SANA brought volunteers and persons-in-recovery together for an evening of good food, good company and, of course, plenty of durians! The Durian Party was held as a way of showing our appreciation to our dedicated volunteers, while creating a relaxed space for everyone to connect, catch up and enjoy the season together.

The celebration was filled with smiles, laughter and plenty of fresh fruits. Guests enjoyed an assortment of them, including cherries and grapes, alongside the star of the afternoon — durians. We are grateful to our generous supporters, including Mr Seng Kang Boon for his contribution of fresh fruits and Mdm Stella Soh from Lexus Durian for the delicious durians. Our appreciation also goes to UFC Refresh coconut juice and Three Legs Cooling water for their support in making the gathering possible.

More than just a celebration of the durian season, the evening was a reminder of the importance of coming together as a community. We are thankful for the volunteers, donors and partners who continue to support SANA and make these moments of connection possible. Here's to another fruitful gathering next year!





EDUCATE, TEST, TREAT: TAKING CHARGE OF OUR HEALTH



Prior to the Durian Party, HCSA Community Services shared their Educate, Test, Treat! (ETT) Hepatitis C initiative with participants. This initiative aims to raise awareness, reduce stigma and make Hepatitis C screening and treatment more accessible to former drug users and individuals in recovery. During the session, HCSA addressed common myths and misconceptions about Hepatitis C, while encouraging participants to view such health screening as a positive step towards taking better care of themselves.

The message was simple: getting tested gives us a better understanding of our health and, should treatment be needed, early intervention is crucial.The ETT initiative is carried out in partnership with Tan Tock Seng Hospital (TTSH), where individuals who require further medical attention can be referred for follow-up testing, specialist care and antiviral treatment. The initiative aims to screen up to 600 individuals by the end of 2026, contributing to the broader goal of eliminating Hepatitis C.

The session was made even more relatable through a sharing by HCSA Peer Leader, Mr Mohamed Feroz Haron, who spoke about the treatment benefits among his peers. His personal perspective reinforced an important message: Hepatitis C is treatable, and seeking help is a positive step towards better health.

SPS VOLUNTEER AWARDS CEREMONY 2026:
RECOGNISING SERVICE, CELEBRATING PARTNERSHIPS

On 24 July, SANA was honoured to attend the Singapore Prison Service (SPS) Volunteer Awards Ceremony 2026, an occasion dedicated to recognising the volunteers and organisations that play an important role in supporting the rehabilitation and reintegration of inmates and ex-offenders.



We were grateful to receive the Journey Shield Token, recognising SANA's ongoing partnership with SPS in supporting individuals through their rehabilitation and reintegration journey. We also extend our heartfelt congratulations to Mr Dushyanth from SANA's Hindu Religious Group of Volunteers (RGV), who received the 3-Year Long Service Award in recognition of his dedication and commitment.



These recognitions are a meaningful reminder of the difference that volunteers and strong partnerships can make in supporting individuals as they work towards positive change. SANA looks forward to continuing our partnership with SPS and working together to strengthen support for individuals on their journey towards rehabilitation, reintegration and a more positive future.

SMASHING BARRIERS AND BUILDING CONNECTIONS

Also on 24 July, SANA partnered with Pickle & Bones and Millenia Walk for an evening of sports, music and meaningful connection at The Great Hall, Millenia Walk. Bringing together persons-in-recovery, the event created a positive space for participants to stay active, connect with one another and celebrate their personal journeys.



The evening featured a lively Pickleball Clinic by Pickle & Bones, alongside an interactive SANA engagement zone where participants could explore creative artworks by individuals in recovery and take part in hands-on activities. The Human Library segment also gave SANA's Peer Leaders an opportunity to share their personal recovery journeys through open and candid conversations. Keeping the energy going throughout the evening, the Sounds of SANA Band (SOS) provided live musical performances that brought everyone together.



With generous support from Millenia Walk, including the use of the venue and special vouchers for participants, the evening was a meaningful celebration of community and recovery. More than just an evening of activities, it showed how sports, music and shared experiences could create positive connections and encourage individuals along their recovery journey.

CO-CREATING A DRUG-RESILIENT COMMUNITY

Building a drug-resilient community takes more than individual efforts — it requires strong partnerships, shared understanding and a collective commitment to supporting individuals in sustaining drug abstinence. With this in mind, the Ministry of Home Affairs' (MHA) Drug Specialist Group (DSG), led by the Home Team Psychology Division (HTPD), and SANA came together for two co-creation sessions on 31 July and 1 September 2026 to review and shape the Community Resilience Framework: Capabilities and Resources to Achieve Drug Abstinence (CRADA).



CRADA focuses on strengthening resilience against drugs, particularly among vulnerable youths, including children of incarcerated parents and out-of-school youths. At its heart, the framework seeks to better understand the strengths, support systems and resources that can help young people navigate vulnerabilities and make healthier choices. It also aims to bring partners together through a common language and shared approach, supported by best practices and common measurement metrics to better understand and strengthen the impact of our collective efforts.

Moving forward, DSG and SANA will work together to co-develop the competency framework, measurement metrics and best practice guidebook. By strengthening the capabilities of agencies and recognising the different forms of support individuals need — from physical and psychological well-being to social connections, community support and a sense of purpose — CRADA aims to empower individuals and communities to build resilience, prevent drug use and work towards sustained drug abstinence.

CONNECTING SINGAPORE'S SUBSTANCE USE PROFESSIONALS THROUGH ISSUP



On 31 July 2026, SANA hosted the ISSUP Singapore National Chapter Virtual Launch, bringing together professionals, organisations and stakeholders from Singapore and across Southeast Asia who work in substance use and related issues. The virtual session introduced participants to ISSUP's mission, vision and core values, as well as the work of the newly established ISSUP Singapore National Chapter (ISSUP SG), which was operationalised on 16 January 2026.

As the host organisation for ISSUP SG, Mr Rafiz Hapipi shared more about the Chapter's role in strengthening Singapore's substance use workforce through knowledge-sharing, professional development, collaboration and evidence-based practices. Participants were also introduced to opportunities to learn and connect through ISSUP's international network, with local professionals encouraged to join as members and organisations invited to explore opportunities for collaborative learning.

The launch marked an important step in creating a stronger platform for professionals and organisations in Singapore to connect with peers locally and across the region, access training and resources, and share knowledge and experiences. Through ISSUP SG, SANA looks forward to supporting a growing community of professionals committed to strengthening the response to substance use and improving outcomes for individuals and communities.

ACROSS BORDERS, ONE SHARED PURPOSE

Rounding off a busy July of regional engagement, SANA attended the Asia Pacific Society for Alcohol and Addiction Research (APSAAR) Congress 2026 in Jakarta from 31 July to 2 August 2026. The Congress brought together professionals from across the Asia-Pacific region to exchange knowledge and explore new approaches to addiction prevention, treatment and recovery. This year's theme focused on how digitalisation, neurotechnology and personalised medicine could help shape more targeted and effective approaches to addiction care.



Representing SANA, Mr Rafiz Hapipi and Ms Nuzul Furhana attended the Congress to learn from regional experiences and gain fresh perspectives on drug prevention, treatment and recovery. Mr Rafiz also had the opportunity to share SANA's experience through a symposium panel presentation on the R-STEPS framework, contributing Singapore's perspective to the wider regional conversation on recovery and support.

For SANA, the Congress was a valuable opportunity to learn, share and connect with practitioners across the region. Through continued knowledge exchange and collaboration, SANA looks forward to bringing useful insights back to our work while contributing to the ongoing conversation on strengthening support for individuals and communities affected by addiction.

STRONGER CONNECTIONS, STRONGER COMMUNITIES

August



SANA's Community Booth was revamped this quarter to make our outreach more relevant, engaging and accessible to the public. While the booth continues to raise awareness of the Yellow Ribbon Community Project (YRCP) and encourage volunteer participation, it also provides an opportunity to introduce residents to SANA's work and the difference we make in supporting persons-in-recovery and their families.

By bringing our message directly into the community, the booth creates opportunities for residents to learn more about drug prevention, rehabilitation and reintegration. It also allows SANA to build on existing grassroots and community relationships, strengthen partnerships and connect with potential new partners.

This renewed approach was put into action on 1 August 2026, when SANA came together to engage residents at the Sengkang GRC National Day Carnival. Featuring interactive activities for residents of all ages, the booth encouraged conversations about the harms of drug use, busted common drug myths and introduced the community to SANA's work.

CELEBRATING NATIONAL PRIDE AND COMMUNITY SPIRIT



Sounds of SANA (SOS) and Ultimate Friends (UF) came together for a special musical showcase at the One SG61 with Antica Community Carnival on 23 August 2026. Taking to the stage together, the performers brought the audience familiar National Day songs, creating a lively and heartwarming celebration of Singapore's 61st birthday.

Held at Perennial Business City, the carnival brought together families, individuals and community partners to celebrate unity, inclusion and the spirit of togetherness. For SOS and UF, the performance was more than just music — it was an opportunity to celebrate talent, resilience and the connections that bring people from different walks of life together.

It was a meaningful occasion for SANA to showcase the talents of our community while being part of a wider celebration of national pride, inclusion and the spirit of one Singapore.

UNFILTERING DRUG TOPICS THROUGH #UNFILTERED

On 28 August 2026, SANA launched UNFILTERED, the latest chapter in our podcast journey following SANA-ty Check. While SANA-ty Check focused on interview-style conversations with guests from different backgrounds, UNFILTERED takes a more relaxed and conversational approach. The new talk-show format creates a space for honest, open and sometimes challenging conversations about drugs and the issues surrounding them.

At the heart of UNFILTERED are four of SANA's own voices — Mr Hans Ashrie, Mr Hari Haran, Ms Venice Wong and Ms Sabrina Azman. Coming from different backgrounds and bringing their own experiences and perspectives to the table, the four hosts come together to explore topics around drugs, drug culture, prevention and the realities faced by individuals and communities. It is less about having all the answers, and more about asking the right questions and having conversations that people can relate to.

Through UNFILTERED, SANA hopes to make conversations about drugs more open, accessible and relevant, especially for younger audiences. By sharing different perspectives and creating space for honest discussions, the podcast aims to encourage listeners to listen, question and think for themselves. Readers can catch UNFILTERED on SANA's YouTube and Spotify channels and join us as we continue the conversation — one episode at a time.



September

LEARNING AND GROWING THROUGH NEW PERSPECTIVES ON ADDICTION

On 3 and 4 September 2026, SANA attended the Asia Pacific Behavioural & Addictions Medicine (APBAM) Conference 2026 at One Farrer Hotel in Singapore. Held under the theme *"Emerging Trends in Addictions and Mental Health"*, the conference brought together professionals from healthcare, social services, research and public service to share knowledge and explore new developments in addiction and mental health care.

The programme covered a range of topics relevant to addiction and recovery, including the neuroscience of addiction, trauma-informed care, digital therapeutics, artificial intelligence (AI), family and relational approaches, and community resilience. Keynote sessions also offered fresh perspectives on the relationship between dopamine, high-reward experiences and addictive behaviours, as well as the role of trauma in recovery.

The insights and perspectives shared by practitioners and experts from Singapore and across the Asia-Pacific region will support SANA's continued efforts to strengthen evidence-informed programmes and services, while keeping the needs, strengths and lived experiences of individuals and families at the heart of our work.

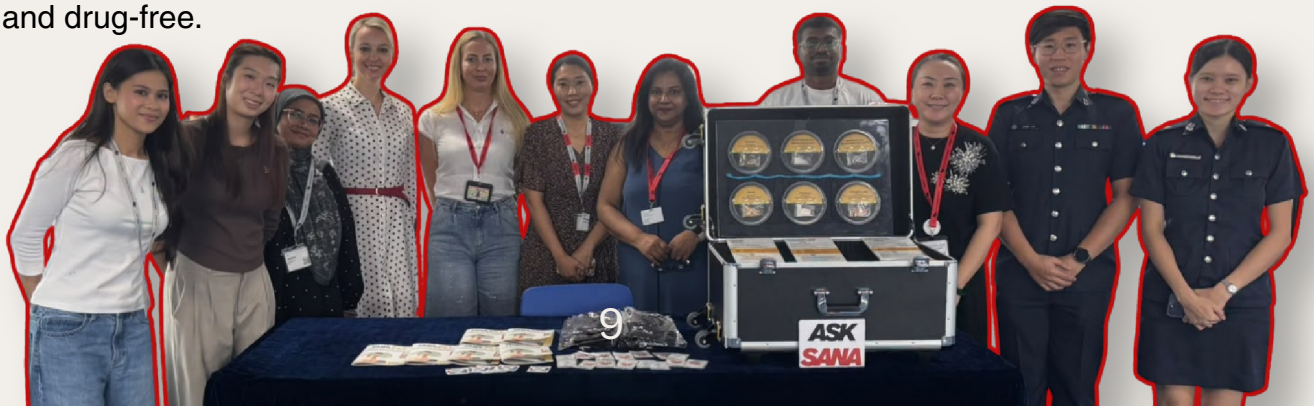
SANA ACTIVATE: EMPOWERING PARENTS AT OVERSEAS FAMILY SCHOOL



On 10 September 2026, SANA launched its first SANA ACTivate programme at Overseas Family School (OFS), bringing parents together to learn how they can better support their children in making safe and informed choices. Organised by the OFS Parents' Association, the session brought together SANA and the Singapore Police Force (SPF) to discuss issues that young people encounter today.

The session explored topics including the risks of drug and vape use, bullying, social media-related crimes, sexual abuse and public nuisance. SANA also highlighted the importance of creating open and meaningful conversations between parents and their children, while helping parents better understand substance addiction and the potential impact of substance use.

Designed especially for parents who joined OFS this semester, SANA ACTivate aims to equip parents with the knowledge and confidence to be positive preventive role models at home. By creating a supportive environment where children feel comfortable asking questions, sharing their concerns and having honest conversations, parents can play an important role in helping their children stay informed, resilient and drug-free.



YELLOW RIBBON RUN 2026

WE ARE EACH OTHER'S SECOND CHANCES



On 20 September 2026, SANA Peer Leaders participated in the Yellow Ribbon Run, held at The Kallang and National Stadium area . The event brought people from different walks of life together through a shared message of hope, resilience and second chances.

This year's tagline, *"We Are Each Other's Second Chances"*, speaks to the collective responsibility we share as a society to support and uplift ex-offenders and their families as they work towards turning their lives around. For our Peer Leaders, taking part was more than just completing a run — it was an opportunity to come together, stay active and represent the strength and resilience found along the recovery journey.



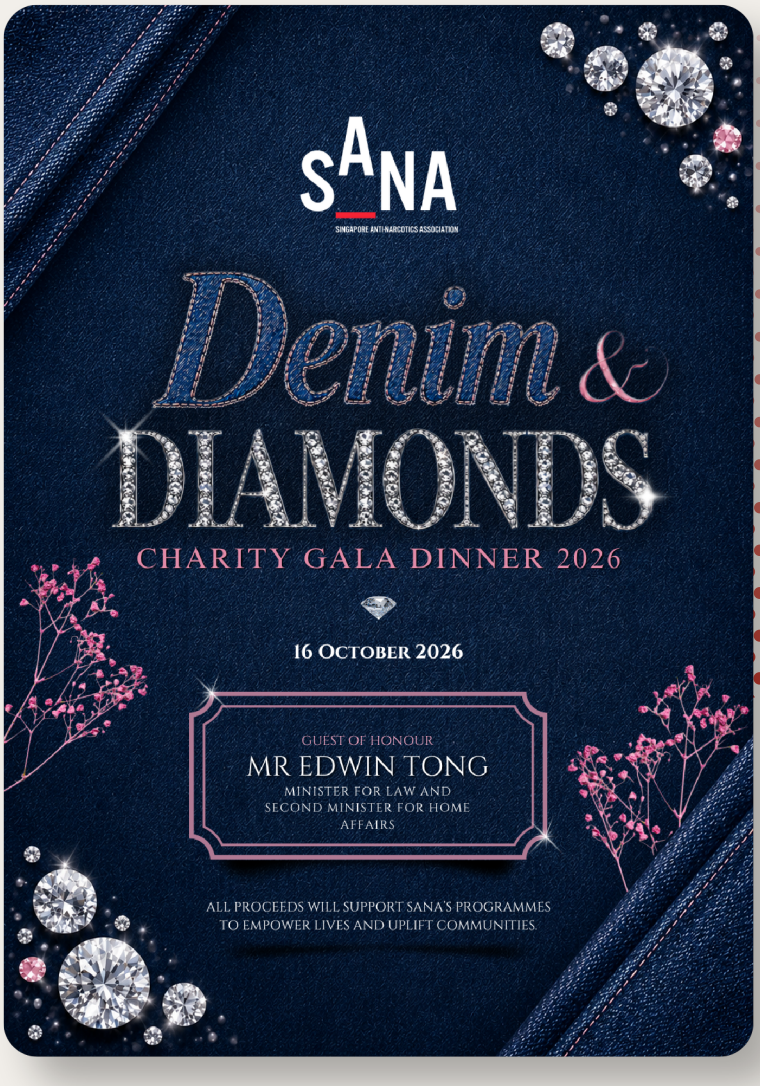


The event was a meaningful reminder that second chances are made stronger when we walk — and run — together. By supporting one another and creating spaces where people feel accepted and encouraged, we can play our part in building a more inclusive and cohesive society for all.

SANA CHARITY GALA 2026

FROM ROUGH EDGES TO BRIGHTER BEGINNINGS

On 16 October 2026, the SANA Charity Gala Dinner 2026 will bring together SANA's partners, donors and supporters for an evening celebrating resilience, transformation and the power of second chances. This year's theme, *"Denim & Diamonds"*, brings two contrasting elements together to reflect the recovery journey.



Denim represents the strength and resilience it takes to weather life's struggles and setbacks, while diamonds — formed under immense pressure before emerging with brilliance — symbolise the potential within every individual to rediscover their worth and shine again.

This message sits at the heart of SANA's work. Recovery is rarely a straight path, and every journey comes with its own challenges. With the right support, however, individuals can rebuild their lives, restore relationships and rediscover hope and purpose. As one of SANA's key fundraising platforms, funds raised support our work in preventive drug education, rehabilitation, reintegration and family support, helping us reach young people early, strengthen resilience and ensure that those affected by drug abuse have pathways towards help and recovery.

More than a fundraising evening, Denim & Diamonds is a celebration of the strength behind every recovery journey and the possibilities that can emerge when people are given the opportunity to begin again. With Mr Edwin Tong, Minister for Law and Second Minister for Home Affairs, as our Guest-of-Honour, the evening will feature meaningful performances and heartfelt stories of transformation. At its heart is a simple reminder: our struggles do not define us — it is the courage to rise, rebuild and move forward that shapes who we become.

What's next?

CELEBRATING RESILIENCE, ONE STORY AT A TIME

As we look towards the months ahead, SANA's Celebrating Resilience initiative will continue creating opportunities for connection, reflection and encouragement. As part of the initiative, a special Movie Night will be held on Friday, 30 October 2026 at the SANA Step-Up Centre @ Sengkang. Led and organised by our Peer Leaders, Ms Suhaila and Ms Dania Aryanny, the evening will give attendees a chance to come together, enjoy a movie and reflect on the experiences and challenges that have shaped their journeys.

More than just a night at the movies, the gathering aims to create a safe and supportive space for connection and reflection. Through shared experiences and conversations, attendees can find encouragement in knowing that they are not alone and that others may have walked similar paths.



What's next?

AAL 2026

MOBILISING COMMUNITIES, STRENGTHENING FAMILIES



The Annual Awards and Appreciation Luncheon will be held on 14 November 2026. This event is an occasion to honour volunteers and partners for their dedication and to celebrate the difference they have made over the past year. Beyond celebrating their dedication, the luncheon brings together members of the Yellow Ribbon Community project (YRCP) to connect, reflect and share in the impact of supporting families through challenging times.

When a loved one is incarcerated, families face emotional and financial challenges that are often difficult to navigate alone. Through YRCP, volunteers and partners walk alongside these families, offering encouragement, a listening ear and support when they need it most.